

FINE ARTS & CRAFTS

ACTING 101

Channel your inner drama queen! Learn the basics of acting: projecting your voice, positioning yourself on stage, memorizing lines, and expressing yourself using body language and facial expressions.

BEADING AROUND

Design jewelry made of crystals and stones to create one-of-kind necklaces, earrings, and pins.

TIE-DYE

Ever wonder how to tie-dye? Feelin' groovy? If you're looking for something fun and fresh to do this summer, tie-dye is your answer.

LIGHTS, CAMERA, ACTION!

Do you dream of becoming the next Sofia Coppola? Learn to use iMovie in our Mac Lab to create, film, and edit your own short movies. Bring your smartphone if you have one. Finished products will be viewed by the entire camp during Fantastic Fridays' "showcase" time.

PAINT LIKE PICASSO

Always wanted to paint? Learn different painting techniques, as well as explore different movements in art history. Bring an art smock or clothes you don't mind getting dirty.

STRINGS 'N' THINGS

Get those fingers moving by doing boondoggle, embroidering, and making bracelets and other string/yarn masterpieces.

WRITING AND STORYTELLING WORKSHOP

We all have stories to share! Let's share them together and learn techniques to make us better storytellers. By the end of the week you will have a short story, a poem or the beginning of a novel that you can share with your friends and family, or keep to yourself!

DESIGN FOR THEATRE

ACADEMICS

CODING (with SCRATCH)

Campers of any age and any coding experience will enjoy creating their own animated stories, games and music videos while they learn about computer science. SCRATCH is a free online platform designed by the MIT Media Lab to teach students the fundamentals of computer programming.

CODING (with NAO Robots)

Learning to code is more fun when your programs run real robots! Come and meet SEM's NAO robots and make them dance and play for you! Using a block-based software, campers will learn to make the robots talk, walk and interact with each other. All projects will be videotaped for posterity!

CREATIVE CHEMISTRY

Learn how to make your own lip gloss, create slime and grow crystals. You'll also create a pictorial periodic table in this hands-on class.

FUN WITH PHYSICS

Can you figure out how to pop a balloon without touching it? Could you do it in ten or more easy steps? In this workshop we'll explore Rube Goldberg contraptions and then complete our own simple tasks in the most complicated of ways. Start saving your paper towel tubes, and join the fun!

DISCOVER THE POWER OF ALL GIRLS

How do economies grow when girls are educated? This class will focus on the importance of educating girls and the positive influence women have on society the world over. In addition, developing a better understanding of how family dynamics, poverty, political unrest, economic stability and community expectations intersect to keep girls in or out of school. Girls will be empowered to reach their full potential.

MONEY MATTERS

"Money doesn't grow on trees!" Everyone has heard this saying - our MONEY MATTERS course will help you learn how to make smart decisions with your money. In this Financial Empowerment course girls will learn about many aspects of managing money, including goal-setting, earning money, budgeting and saving money, and identifying needs versus wants.

THE SEEDS OF OUR CIVILIZATION: NATIVE AMERICAN WOMEN'S HISTORY AND CULTURE

An exploration of some of the tribes in the United States, particularly focused on the role of women in each tribe. Native American cultures in the United States include a wide array of socially and geographically diverse groups, whose nomadic ancestors are believed to have traveled via a long-gone land bridge across the Bering Strait at least 13,000 years ago. A close look at our local tribes with field trips will be included.

SEM IN THE CITY THE BUFFALO RENAISSANCE

At the turn of the 19th century Buffalo had a booming economy and was the center for steel US steel production. With the invention of electricity powered by Niagara Falls, our city was nicknamed "The City of Light." Many jazz musicians began their rise to fame in Buffalo, while Frederick Law Olmsted designed beautiful parks and Frank Lloyd Wright built compelling houses. Cities get tired just like people do - after all that, the action calmed down for about 50 years. But Buffalo is on the rise again! Take a journey back in time to visit Buffalo in the past and discover our exciting now through tours and projects.

STEAM

STEAM takes STEM (Science, Technology, Engineering, Mathematics) learning to the next level by integrating these principles with the A of art and design. The STEAM course removes limitations and replaces them with wonder, critique, inquiry, possibility and innovation.

WOMEN'S RIGHTS AND YOU

How do other countries view the rights of women? Are their rights determined by government, culture and, or religion? What role do minorities play? When have women receive the right to vote around the world? This class will provide an overview of how women and their freedom can affect society and what you can do right here at home.

FITNESS

CREW

Do you know the difference between bow and stern, or an oarlock from an oar collar? Maybe you are looking to get started with the sport of rowing or just brush up on some of the fundamentals? Crew is often called the ultimate team sport and one that many people start in high school. Get a jump start In this course whether you are new to it or would like to brush up on the fundamentals and practice.

SAIL AWAY WITH SEM

Sailing is offered in cooperation with the Buffalo Yacht Club! No experience is required for this half day program for girls entering grades 5-8 which builds skills, nurtures leadership and confidence, and will be lots of fun!

SEM SPORTS

Be a Red-Tailed Hawk for the summer! You will have a chance to play, to improve and to be excellent. Sports include: basketball coached by SEM coach Eva Cunningham and soccer, lacrosse and field hockey on Larkin Field and more!

SQUASH

The course will help inexperienced and experienced players to develop their skills in a fun and friendly environment. Please make sure you have white, non-marking soled shoes.

SQUASH INTENSIVE

With Head Squash Coach of Connecticut College, Mike MacDonald

Session 1 - July 15-21

Session 2 - July 22-28

The squash curriculum covers all areas of the game, themed each day with match play in the afternoons. Off court, campers will take part in camp meals and recreational activities. It is our goal to have each girl leave the camp improved as a squash player and more empowered young woman.

Open to girls in grades 6 through 10.

Day & half day (paired with Summer@SEM or Immersion@SAS in the afternoon).

WONDER WOMAN SELF-DEFENSE

Did you love how strong and confident Wonder Woman and all her Amazonian sisters were in the movie? Sign up for the Wonder Woman and learn the basics of self defense and basic strength training.

YOGA

This will be a fun and challenging class that will explore breathwork, movement, and balance. Especially beneficial for adolescents, yoga is can give girls the tools to navigate in the world with mindfulness, focus and relaxation.

JUST FOR FUN!

CULINARY CAPERS

Whip up some fun in the kitchen. Learn cooking techniques and new spins on your favorite recipes!

DOLPHIN TANK ENTREPRENEURSHIP

Have you ever thought of an invention that you wish someone would create or think of a solution to an everyday problem that you and your friends or your family has? Then sign up for The Dolphin Tank! In this course you and a few of your classmates will form a company, think of an invention or solution to a problem and create a presentation to our panel of expert “Dolphins.” The winning team each week wins a Summer@SEM surprise!

I LOVE A MYSTERY

Become a character in a mystery party game and dress the part! See if you can guess “Who done it.” It might even be you!

JUST DESSERTS

The sweetest class at Summer at SEM! Bake cakes, cookies and other delicious treats. Warning: this class might make you suddenly much more popular with your friends and family.